



Program

2nd International Conference on Physical Therapy in Oncology

When Research meets Clinical Practice

May 14th – 15th 2020

Radisson Blu Scandinavia Hotel, Copenhagen

Amager Boulevard 70, Copenhagen, Denmark

May 14th 2020

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|---------------|--|
| 08.00 – 09.00 | Arrival, registration, breakfast |
| 09.00 – 09.15 | Welcome |
| 09.15 – 10.00 | Exercise in oncology – current status
Lee Jones |
| 10.00 – 10.30 | Break |
| 10.30 – 12.00 | Focused symposium:
Implementation Strategies to Promote Early Detection of Impairment and Early Intervention <ul style="list-style-type: none">• Nicole Stout: Model for risk stratification and triage• Chris Barnes: Implementation of risk stratification and intervention model in lung cancer• Amy Dennett: Leveraging physios to provide exercise assessment and interventions; Experiences with the new COSA guideline |
| 12.00 – 13.30 | Lunch and posters |
| 13.30 – 14.30 | Parallel sessions (<i>details will follow later</i>) |
| 14.30 – 14.45 | Short break to change room |
| 14.45 – 16.15 | Focused symposium:
Lymphedema <ul style="list-style-type: none">• Karin Johansson: Early diagnosis and treatment of arm lymphedema• Sandi Hayes: Lymphedema associated with gynaecological cancer• Caroline Speksnijder: Head and neck, compression and exercise• Nele Devoogdt: Lymphatic drainage – new insights |
| 16.15 – 16.45 | Break |
| 16.45 – 17.30 | Physical activity – the future
Bente Klarlund |
| 17.30 – 18.30 | Get together with drinks |



May 15th 2020

- 07.00 – 08.00 Breakfast meetings – different themes
- 08.00 – 09.30 **Focused symposium:**
Frailty and muscle health
- Jesper Frank Christensen: Muscle function and structure, exercise physiology
 - Kerri Winters-Stone: Training frail persons
 - Eva Jespersen: Exercise for geriatric persons with various cancer diagnoses
- 09.30 – 10.00 Break
- 10.00 – 10.45 **Psychological impact on the therapist: secondary traumatizing**
Per Isdal
- 10.45 – 11.45 **Parallel sessions** (*details will follow later*)
- 11.45 – 12.00 Short break to change room
- 12.00 – 12.45 **Exercise prescription for individuals with bone metastasis**
- Morten Quist: Essentials of pathophysiology and clinical presentation of bone metastasis for the physiotherapist
 - Kristin Campbell: Safety screening and approaches to exercise prescription
- 12.45 – 14.15 Lunch and posters
- 14.15 – 15.45 **Focused symposium:**
Goal setting and functional assessment in palliative care
- Goal setting and action planning – working together on what's important
 - Shared decision making and person centred goal setting in palliative care
- Martijn Stuiver, Sally Boa, Andrea Cheville
- 15.45 – 16.15 Break
- 16.15 – 17.00 **Exercise oncology – future directions**
Lee Jones
- 17.00 – 17.15 **Final remarks**
Morten Quist

The program is subject to change